

GRIC HEAD START/CHILD CARE

Name of Center: \_\_\_\_\_  
Menu for the Week of JAN19,26 to JAN 23,26 Week 25

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 1/19	TUES 1/20	WED 1/21	THURS 1/22	FRI 1/23
<b>BREAKFAST</b>			<b>GR HAM/CHEESE</b>		
Grain or Meat/Meat Alternate	<b>BISCUIT, WGR</b>	HONEY NUTS CEREAL WGR	HAM/CHEESE	CIN RICE	WAFFLES WGR
Fruit/Vegetable	<b>GRILLED POTATO</b>	<b>ORANGE</b>	HASH BROWN PATTY	BANANA	MIXED BERRIES
Fluid Milk	<b>WHOLE/1%</b>	<b>WHOLE/1%</b>	<b>WHOLE/1%</b>	<b>WHOLE/1%</b>	<b>WHOLE/1%</b>
Extra	<b>SAUSAGE</b>	BANANA BREAD WGR	WHEAT BREAD WGR	HONEY ENGLISH MUFFIN WGR	CHICKEN TENDER/ SYRUP
<b>AM SNACK</b>					
Component 1	MINI PRETZEL WGR	BAGEL WGR	TEDDY GRAHAMS	COTTAGE CHEESE	TURKEY SLICES
Component 2	CHEESE STICKS	MIX FUT CUP	APPLESAUCE	PINEAPPLE	RITZ CRACKER
Extra		STRAWBERRY CREAM CHEESE			
<b>LUNCH</b>		<b>FRITO PIE CUP</b>		<b>POSOLE</b>	<b>CHICKEN TACOS</b>
Meat/Meat Alternate	<b>RAVIOLI</b>	GROUND BEEF/CHEESE	FRENCH BREAD PIZZA WGR	STEW MEAT	DICED CHICKEN, CHEESE
Grain	TEXAS GARLIC TOAST WGR	CORN CHIPS	(PIZZA CRUST)	BOLLIOS	CORN TORTILLA CHIPS
Vegetable	CHEF SALAD ROM LET, HAM, CHEESE	PINTO BEANS, DICED TOM	STEAMED CARROTS	HOMINY	LETTUCE, TOM
Fruit or Vegetable	<b>SLICED PEARS</b>	<b>GRAPES</b>	FRUIT COCKTAIL ***	APPLE SLICES	PEACHES
Fluid Milk	<b>WHOLE/1%</b>	<b>WHOLE/1%</b>	<b>WHOLE/1%</b>	<b>WHOLE/1%</b>	<b>WHOLE/1%</b>
Extra	<b>RANCH</b>			RADISHES, CABBAGE, CILANTRO, ONION	RANCH/SALSA
<b>PM SNACK</b>	<b>BERRY PARFAIT</b>		<b>CUP</b>		
Component 1	YOGURT	WHEAT THINS WGR	CHEESE CUBES	NUTELLA	APPLE BAR
Component 2	BERRIES	APPLE JUICE 100%	GRAPES	PRETZELS WGR	BANANA
Extra	GRAM CRACKER CRUMBS		CLUB CRACKER		

**Acronyms**  
WGR: Whole Grain-Rich  
HM: Homemade  
CN: Processed/Convenience Item (CN label available)

**Identification of Mixed Foods**  
(i.e., fruit salad: apples, peaches, banana)  
\*SEASONAL FRUIT  
\*\*\*FRUIT COCKTAIL/MIX FRUIT  
PEACHES, PEARS, GRAPES

**Menu Statements**  
All juices served are 100% juice.  
Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.  
Water coolers are in each classroom - participants are offered and have access to water throughout the day.  
I:THA I:PO VES HEMACHKAM HA WI:KAM/THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



GRIC HEAD START/CHILD CARE

Name of Center: \_\_\_\_\_  
Menu for the Week of 1/26/26 to 1/30/26 Week 2 of 26

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 1/26	TUES 1/27	WED 1/28	THURS 1/29	FRI 1/30
<b>BREAKFAST</b>	<b>BREAKFAST SANDWICH</b>		<b>BREAKFAST ON BUN</b>		
Grain or Meat/Meat Alternate	EG/CHEESE/SAUSAGE PATTY	FRENCH TOAST WGR	EGG PATTY/HAM	SC EGGS,BISCUITS WGR	APPLE CINNAMON CEREAL
Fruit/Vegetable	*STRAWBERRIES	APPLES	TATER TOTS	ORANGE	BANANA
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	BAGEL WGR		HAMBURGER BUN WGR		WHEAT TOAST WGR
<b>AM SNACK</b>					
Component 1	PEACH CUP	OATMEAL BAR	GOLDFISH CRACKERS	SUNCHIPS WGR	MINI WAFFLES WGR
Component 2	VANILLA YOGURT	MILK	ORANGE JUICE 100%	MANDARIN ORANGE	BERRIES
Extra					
<b>LUNCH</b>		LOADED POTAOES SOUP			ENCHILADA MEATBALLS
Meat/Meat Alternate	PORK CHOPS	CHEESE/DICED HAM	FISH NUGGETS	FIESTA BEANS	BEEF MEATBALLS
Grain	DINNER ROLLS WGR	SALTINE CRACKERS	HUSH PUPPIES	FLAT BREAD	BROWN RICE WGR
Vegetable	SCALLOPED POTATOES	(POTATO,CELERY,CARROTS)	OVEN FRIES	GARDEN SALAD	MEXICAN SALSA TOM,LETTUCE,JICAMA
Fruit or Vegetable	DICED PEARS	PINEAPPLE	GRAPES	PEACHES	MIX FRUIT**/AVOCADO
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra				RANCH	HONEY LIME VINAGARETTE
<b>PM SNACK</b>					<b>CUP</b>
Component 1	CHEX MIX WGR	ANIMAL CRACKERS	BOILED EGG	SUNBUTTER SANDWICH	BOLGNA,CHEESE CUBES
Component 2	TROPICAL FRUIT CUP	APPLESAUCE	GRAHAM CRACKER	GRAPE JUICE 100%	SALTINE CRACKERS
Extra					

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ITHA KIO VES HEMACHIKAM HA WI:KM/THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



GRIC/HEAD START/CHILDCARE

Name of Center: \_\_\_\_\_  
Menu for the Week of FEB 2/26 to FEB 6,26 Week : 2/

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 2/2	TUES 2/3	WED 2/4	THURS 2/5	FRI 2/6
<b>BREAKFAST</b>		<b>TEX-MEX MIGUS</b>			
Grain or Meat/Meat Alternate	BERRY SHEET PANCAKES	SC EGG/CORN TORTILLACHEESE	OATMEAL WGR	GOLDEN GRAHAM CEREAL	OMELET
Fruit/Vegetable	APPLESAUCE	ORANGE	DICED APPLES	GRAPES	BANANA
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	SAUSAGE LINK	(ONION,TOM,PEPPER) SALSA	CIN BAGEL WGR	BLUEBERRIES MUFFINS WGR	WHEAT TOAST WGR
<b>AM SNACK</b>				<b>HOT</b>	
Component 1	TOAST WGR	PITA CHIPS WGR	BREAKFAST PIZZA	CHEDDAR CHEESE	BOIL EGG,TOMATO
Component 2	AVOCADO SPREAD	APPLE SLICED	APPLE JUICE 100%	OVEN FRIES	CLUB CRACKERS
Extra					
<b>LUNCH</b>		THAI CHICKEN NOODLE SOUP	<b>HAM WRAP</b>		CHEESEBURGER HAMBURGER HELPER
Meat/Meat Alternate	BEEF BURRITO	CHICKEN	HAM/CHEESE	PEPPERONI PIZZA WGR	GROUND BEEF
Grain	FLOUR TORTILLA	EGG NODLES	FLOUR TORTILLA WGR	(PIZZA CRUST)	ELBOW MACARONI WGR
Vegetable	PINTO BEANS	(CARROTS,PEPPER,AMUSHROOMS)	ROMAINE LETTUCE, TOMATO	BROCCOLI	PEAS/CARROTS
Fruit or Vegetable	MANDARIN ORANGES	FRESH PEAR	APPLE	PINEAPPLE	PEACHES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		CORNBREAD WGR	(RANCH) BAKED CHIPS		
<b>PM SNACK</b>				<b>CUP</b>	<b>ENERGY BITES</b>
Component 1	STRAWBERRY CHEX MIX WGR	BERRY YOGURT	GRAHAM CRACKERS	CARROTS,JICAMA	OATS,SUNFLOWER,CRANBERRIES,
Component 2	CHEESE STICKS	BUNNY GRAHAMS	FRUIT SALAD	CHERRY TOM	CHOCOLATE CHIP)
Extra				RANCH	MILK

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GRIC HEAD START/CHILD CARE

Name of Center: \_\_\_\_\_ to 2/13/26

Menu for the Week of 2/9/26 Week .28

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 2/9	TUES 2/10	WED 2/11	THURS 2/12	FRI 2/13
<b>BREAKFAST</b>	<b>SANDWICH</b>		<b>LOADED BREAKFAST</b>		<b>BREAKFAST PIZZA HM</b>
Grain or Meat/Meat Alternate	AVOCADO,EGG	PANCAKE STICK	EGG PATTY/CHEESE	LUCKY CHARMS RS	SC EGG/FLOUR TORTILLA WGR
Fruit/Vegetable	APRICOTS	ORANGE	FRUIT COCKTAIL ***	FRESH PEAR	BANANA
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	WHEAT BREAD WGR		SAUSAGE PATTY/WHEAT BREAD WGR	APPLE CINNAMON MUFFIN WGR	(CHEESE,BELL PEPPERS)
<b>AM SNACK</b>			<b>SANDWICH</b>		
Component 1	MINI PRETZELS WGR	PEACHES	HAM	CHOCOLATE CHEX MIX WGR	AMERICAN CHEESE SL
Component 2	CHEESE SAUCE	VANILLA YOGURT	WHEAT BREAD WGR	MILK	CLUB CRACKERS
Extra		GRANOLA			
<b>LUNCH</b>	<b>WRAP</b>	<b>BEEF TACOS</b>	<b>PIZZA BURRITO</b>	<b>CHEESEBURGER TATER TOT</b>	<b>TURKEY CLUB SNADWICH</b>
Meat/Meat Alternate	CHICKEN STRIPS	GROUND BEEF/CHEESE	CHEESE,PEPPERONI	GROUND BEEF/CHEESE	TURKEY SLSWISS CHEESE
Grain	FLOUR TORTILLA WGR	CORN TACO SHELL WGR	FLOUR TORTILLA WGR	DINNER ROLL WGR	SLIDER BUN
Vegetable	ROM LET,TOMTO	REFIRED BEANS/LETTUCE	CUCUMBERS	CORN	LET,TOM,PICKLES
Fruit or Vegetable	GRAPES	*MELON	PINEAPPLE	TATER TOTS	ORANGE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	RANCH	SALSA	MARINARA SAUCE		BAKED BBQ CHIPS
<b>PM SNACK</b>	<b>PIZZA CUP HM</b>	<b>FRUIT WAFFLE NACHOS</b>		<b>CUP</b>	
Component 1	BISCUIT DOUGH	WAFFLES WGR	ANIMAL CRACKERS	CANTALOE	MACARONI SALAD
Component 2	DICED PEPPERONI,CHEESE	DICED STRAWBERRIES,KIWI	APPLESAUCE	CHEESE	ORANGE JUICE 100%
Extra	<b>SAUCE</b>	<b>VANILLA YOGURT</b>		<b>RITZ CRACKERS</b>	

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GRIC HEAD START/CHILD CARE

Name of Center: \_\_\_\_\_  
Menu for the Week of 2/16/26 to 2/20/26 Week 29

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 2/16	TUES 2/17	WED 2/18	THURS 2/19	FRI 2/20
<b>BREAKFAST</b>					
Grain or Meat/Meat Alternate	PANCAKES WGR	SC EGG/CHILI	BISCUITS WGR/GRAVY	SPECIAL K WGR	BREAKFAST PIZZA
Fruit/Vegetable	*MIXED BERRIES	REFRIED BEANS	GRILL POTATOES	APRICOTS	BANANA
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	HAM	FLOUR TORTILLA WGR	SAUSAGE	BAGEL CREAM/CHEESE	
<b>AM SNACK</b>	CUP				
Component 1	GRAPES,CHEESE	OATMEAL CRAN BAR	SUNCHIPS WGR	PEACH YOGURT	PRETZELS WGR
Component 2	CRACKERS	APPLESAUCE CUP	ORANGE SLICES	BANANA	APPLE JUICE 100%
Extra				VANILLA WAFER	
<b>LUNCH</b>			PHILLY SLOPPY JOE	CHICKEN CORN CHOWDER	STREET TACOS
Meat/Meat Alternate	BAKED HAM STEAK	TURKEY GRAVY	GROUND BEEF/CHEESE	DICED CHICKEN,CHEESE	SHRED BEEF,MEXICAN CHEESE
Grain	WHEAT BREAD WGR	DINNER ROLLS WGR	HAMBURGER BUN WGR	CORNBREAD WGR	CORN TORTILLA WGR
Vegetable	SWEET POTATOES	MASH POTATOES	BROCCOLI SALAD	(CORN,POTATOES,CARROTS)	BEANS
Fruit or Vegetable	SL APPLE	PEACHES	PEARS	*MELON	GRAPES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra					SALSA
<b>PM SNACK</b>					SANDWICH
Component 1	TRAIL MIX WGR	CHEEZ-ITS WGR	BAKED TOSTITOS WGR	CLUB CRACKERS	TURKEY
Component 2	PINEAPPLE CUP	ORANGE JUICE 100%	MANGO SALSA	CHEESE SQUARES	WHEAT BREAD WGR
Extra					

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Name of Center: \_\_\_\_\_

Menu for the Week of 2/23/26 to 2/27/26

Week

30

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 2/23	TUES 2/24	WED 2/25	THURS 2/26	FRI 2/27
<b>BREAKFAST</b>					
Grain or Meat/Meat Alternate	BREAKFAST BURRITO	OMELET	PUMPKIN BREAD WGR	BLUEBERRY CHEX MIX WGR	FRENCH TOAST STICKS WG
Fruit/Vegetable	*MELON	TATER TOTS	APRICOTS	APPLE	BANANA
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		ENGLISH MUFFIN WGR	STRAWBERRY YOGURT		CANADIAN BACON
<b>AM SNACK</b>		TOAST		ROLL	SANDWICH
Component 1	WHEAT THINS WGR	WHEAT BREAD WGR	CHEERIOS WGR	FLOUR TORTILLA WGR	WHEAT BREAD WGR
Component 2	BLUE BERRIES	SWISS CHEESE	MILK	TURKEY/CHEESE	JAM
Extra					ORANGE JUICE 100%
<b>LUNCH</b>	<b>CHEESEBURGER</b>	GREEN CHILI ENCHILADA CASS	HAWAIIAN PIZZA	CHILI BEANS	
Meat/Meat Alternate	BEEF PATTY/CHEESE	DICED CHICKEN/CHEESE	CHEESE PIZZA/HAM	GROUND BEEF	BEAN BURRITO HN
Grain	HAMBURGER BUN WGR	CORN TORTILLAS WGR	(PIZZA CRUST)WGR	CORNBREAD WGR	SOPA
Vegetable	OVEN FRIES/LET/PICKLES	GARDEN SALAD	CUCUMBERS, CELERY STICKS	PINTO BEANS	MEXICAN CORN
Fruit or Vegetable	APPLES	PINEAPPLE	GRAPES	PEACHES	ORANGE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra			RANCH		
<b>PM SNACK</b>		CUP			
Component 1	TORTILLA CHIPS	PRETZELS, TOM	CHEX MIX WGR	BAGEL	CHEEZ-ITS PKG
Component 2	NACHO CUP	CHEESE CUBES, CRACKERS	APPLE JUICE 100%	CREAM CHEESE	FRESH PEARS SL
Extra				1/2 BANANA	

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GRIC HEAD START/CHILD CARE

Name of Center: \_\_\_\_\_  
Menu for the Week of MAR 2/26 to MAR 6,26 Week , 31

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 3/2	TUES 3/3	WED 3/4	THURS 3/5	FRI 3/6
<b>BREAKFAST</b>			<b>GR HAM/CHEESE</b>		
Grain or Meat/Meat Alternate	<b>BISCUIT, WGR</b>	HONEY NUTS CEREAL WGR	HAM/CHEESE	CIN RICE	WAFFLES WGR
Fruit/Vegetable	<b>GRILLED POTATO</b>	ORANGE	HASH BROWN PATTY	BANANA	MIXED BERRIES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	<b>SAUSAGE</b>	BANANA BREAD WGR	WHEAT BREAD WGR	HONEY ENGLISH MUFFIN WGR	CHICKEN TENDER/ SYRUP
<b>AM SNACK</b>					
Component 1	MINI PRETZEL WGR	BAGEL WGR	TEDDY GRAHAMS	COTTAGE CHEESE	TURKEY SLICES
Component 2	CHEESE STICKS	MIX FUT CUP	APPLESAUCE	PINEAPPLE	RITZ CRACKER
Extra		STRAWBERRY CREAM CHEESE			
<b>LUNCH</b>		<b>FRITO PIE CUP</b>		<b>POSOLE</b>	<b>CHICKEN TACOS</b>
Meat/Meat Alternate	<b>RAVIOLI</b>	GROUND BEEF/CHEESE	FRENCH BREAD PIZZA WGR	STEW MEAT	DICED CHICKEN, CHEESE
Grain	TEXAS GARLIC TOAST WGR	CORN CHIPS	(PIZZA CRUST)	BOLLIOS	CORN TORTILLA CHIPS
Vegetable	CHEF SALAD ROM LET, HAM, CHEESE	PINTO BEANS, DICED TOM	STEAMED CARROTS	HOMINY	LETTUCE, TOM
Fruit or Vegetable	<b>SLICED PEARS</b>	GRAPES	FRUIT COCKTAIL ***	APPLE SLICES	PEACHES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	<b>RANCH</b>			RADISHES, CABBAGE, CILANTRO, ONION	RANCH/SALSA
<b>PM SNACK</b>	<b>BERRY PARFAIT</b>		<b>CUP</b>		
Component 1	YOGURT	WHEAT THINS WGR	CHEESE CUBES	NUTELLA	APPLE BAR
Component 2	BERRIES	APPLE JUICE 100%	GRAPES	PRETZELS WGR	BANANA
Extra	GRAM CRACKER CRUMBS		CLUB CRACKER		

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GRIC HEAD START/CHILD CARE

Name of Center: \_\_\_\_\_  
Menu for the Week of 3/9/26 to 3/13/26 Week 32

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	MON 1/26	TUES 1/27	WED 1/28	THURS 1/29	FRI 1/30
<b>BREAKFAST</b>	BREAKFAST SANDWICH		BREAKFAST ON BUN		
Grain or Meat/Meat Alternate	EG/CHEESE/SAUSAGE PATTY	FRENCH TOAST WGR	EGG PATTY/HAM	SC EGGS,BISCUITS WGR	APPLE CINNAMON CEREAL
Fruit/Vegetable	*STRAWBERRIES	APPLES	TATER TOTS	ORANGE	BANANA
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	BAGEL WGR		HAMBURGER BUN WGR		WHEAT TOAST WGR
<b>AM SNACK</b>					
Component 1	PEACH CUP	OATMEAL BAR	GOLDFISH CRACKERS	SUNCHIPS WGR	MINI WAFFLES WGR
Component 2	VANILLA YOGURT	MILK	ORANGE JUICE 100%	MANDARIN ORANGE	BERRIES
Extra					
<b>LUNCH</b>		LOADED POTAOES SOUP			ENCHILADA MEATBALLS
Meat/Meat Alternate	PORK CHOPS	CHEESE/DICED HAM	FISH NUGGETS	FIESTA BEANS	BEEF MEATBALLS
Grain	DINNER ROLLS WGR	SALTINE CRACKERS	HUSH PUPPIES	FLAT BREAD	BROWN RICE WGR
Vegetable	SCALLOPED POTATOES	(POTATO,CELERY,CARROTS)	OVEN FRIES	GARDEN SALAD	MEXICAN SALSA TOMLETTUCE,JICAMA
Fruit or Vegetable	DICED PEARS	PINEAPPLE	GRAPES	PEACHES	MIX FRUIT**/AVOCADO
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra				RANCH	HONEY LIME VINAGARETTE
<b>PM SNACK</b>					<b>CUP</b>
Component 1	CHEX MIX WGR	ANIMAL CRACKERS	BOILED EGG	SUNBUTTER SANDWICH	BOLGNA,CHEESE CUBES
Component 2	TROPICAL FRUIT CUP	APPLESAUCE	GRAHAM CRACKER	GRAPE JUICE 100%	SALTINE CRACKERS
Extra					

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Name of Center: \_\_\_\_\_

Menu for the Week of 3/16/20 to 3/20/26

Week 33

S P R I N G B r e a k

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 3/16	TUES 3/17	WED 3/18	THURS 3/19	FRI
<b>BREAKFAST</b>		<b>TEX-MEX MIGUS</b>			
Grain or Meat/Meat Alternate	BERRY SHEET PANCAKES	SC EGG/CORN TORTILLACHEESE	OATMEAL WGR	GOLDEN GRAHAM CEREAL	OMELET
Fruit/Vegetable	APPLESAUCE	ORANGE	DICED APPLES	GRAPES	BANANA
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	SAUSAGE LINK	(ONION, TOM, PEPPER) SALSA	CIN BAGEL WGR	BLUEBERRIES MUFFINS WGR	WHEAT TOAST WGR
<b>AM SNACK</b>				<b>HOT</b>	
Component 1	TOAST WGR	PITA CHIPS WGR	BREAKFAST PIZZA	CHEDDAR CHEESE	BOIL EGG, TOMATO
Component 2	AVOCADO SPREAD	APPLE SLICED	APPLE JUICE 100%	OVEN FRIES	CLUB CRACKERS
Extra					
<b>LUNCH</b>		THAI CHICKEN NOODLE SOUP	<b>HAM WRAP</b>		CHEESEBURGER HAMBURGER HELPS
Meat/Meat Alternate	BEEF BURRITO	CHICKEN	HAM/CHEESE	PEPPERONI PIZZA WGR	GROUND BEEF
Grain	FLOUR TORTILLA	EGG NODLES	FLOUR TORTILLA WGR	(PIZZA CRUST)	ELBOW MACARONI WGR
Vegetable	PINTO BEANS	(CARROTS, PEPPER, MUSHROOMS)	ROMAINE LETTUCE, TOMATO	BROCCOLI	PEAS/CARROTS
Fruit or Vegetable	MANDARIN ORANGES	FRESH PEAR	APPLE	PINEAPPLE	PEACHES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		CORNBREAD WGR	(RANCH) BAKED CHIPS		
<b>PM SNACK</b>				<b>CUP</b>	<b>ENERGY BITES</b>
Component 1	STRAWBERRY CHEX MIX WGR	BERRY YOGURT	GRAHAM CRACKERS	CARROTS, JICAMA	DAT'S, SUNFLOWER CRANBERRIES
Component 2	CHEESE STICKS	BUNNY GRAHAMS	FRUIT SALAD	CHERRY TOM	CHOCOLATE CHIP
Extra				<b>RANCH</b>	<b>MILK</b>

**Acronyms**

WGR: Whole Grain-Rich

HM: Homemade

CN: Processed/Convenience Item (CN label available)

**Identification of Mixed Foods**

(i.e., fruit salad: apples, peaches, bananas)

\*\*SEASONAL FRUIT

\*\*\*FRUIT COCKTAIL/MIX FRUIT

PEACHES, PEARS, GRAPES

**Menu Statements**

All juices served are 100% juice.

Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.

Water coolers are in each classroom - participants are offered and have access to water throughout the day.

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GRIC HEAD START/CHILD CARE  
 Name of Center: \_\_\_\_\_  
 Menu for the Week of 3/23/26 to 3/27/26 Week 34

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 3/23	TUES 3/24	WED 3/25	THURS 3/26	FRI 3/27
<b>BREAKFAST</b>	<b>SANDWICH</b>		<b>LOADED BREAKFAST</b>		<b>BREAKFAST PIZZA HM</b>
Grain or Meat/Meat Alternate	AVOCADO,EGG	PANCAKE STICK	EGG PATTY/CHEESE	LUCKY CHARMS RS	SC EGG/FLOUR TORTILLA WGR
Fruit/Vegetable	APRICOTS	ORANGE	FRUIT COCKTAIL ***	FRESH PEAR	BANANA
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	WHEAT BREAD WGR		SAUSAGE PATTY/WHEAT BREAD WGR	APPLE CINNAMON MUFFIN WGR	(CHEESE,BELL PEPPERS)
<b>AM SNACK</b>			<b>SANDWICH</b>		
Component 1	MINI PRETZELS WGR	PEACHES	HAM	CHOCOLATE CHEX MIX WGR	AMERICAN CHEESE SL
Component 2	CHEESE SAUCE	VANILLA YOGURT	WHEAT BREAD WGR	MILK	CLUB CRACKERS
Extra		GRANOLA			
<b>LUNCH</b>	<b>WRAP</b>	<b>BEEF TACOS</b>	<b>PIZZA BURRITO</b>	<b>CHEESEBURGER TATER TOT</b>	<b>TURKEY CLUB SNADWICH</b>
Meat/Meat Alternate	CHICKEN STRIPS	GROUND BEEF/CHEESE	CHEESE,PEPPERONI	GROUND BEEF/CHEESE	TURKEY SLSWISS CHEESE
Grain	FLOUR TORTILLA WGR	CORN TACO SHELL WGR	FLOUR TORTILLA WGR	DINNER ROLL WGR	SLIDER BUN
Vegetable	ROM LET,TOMTO	REFIRED BEANS/LETTUCE	CUCUMBERS	CORN	LET,TOM,PICKLES
Fruit or Vegetable	GRAPES	*MELON	PINEAPPLE	TATER TOTS	ORANGE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	RANCH	SALSA	MARINARA SAUCE		BAKED BBQ CHIPS
<b>PM SNACK</b>	<b>PIZZA CUP HM</b>	<b>FRUIT WAFFLE NACHOS</b>		<b>CUP</b>	
Component 1	BISCUIT DOUGH	WAFFLES WGR	ANIMAL CRACKERS	CANTALOE	MACARONI SALAD
Component 2	DICED PEPPERONI,CHEESE	DICED STRAWBERRIES,KIWI	APPLESAUCE	CHEESE	ORANGE JUICE 100%
Extra	<b>SAUCE</b>	<b>VANILLA YOGURT</b>		<b>RITZ CRACKERS</b>	

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GRIC HEAD START/CHILD CARE

Name of Center: \_\_\_\_\_  
Menu for the Week of 3/30/26 to 4/3/26 Week : 25

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 3/30	TUES 3/31	WED 4/1	THURS 4/2	FRI 4/3
<b>BREAKFAST</b>				<b>EARLY RELEASE</b>	<b>NO SCHOOL</b>
Grain or Meat/Meat Alternate	PANCAKES WGR	SC EGG/CHILI	BISCUITS WGR/GRVY	SPECIAL K WGR	BREAKFAST PIZZA
Fruit/Vegetable	*MIXED BERRIES	REFRIED BEANS	GRILL POTATOES	APRICOTS	BANANA
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	HAM	FLOUR TORTILLA WGR	SAUSAGE	BAGEL CREAM/CHEESE	
<b>AM SNACK</b>	CUP				
Component 1	GRAPES,CHEESE	OATMEAL CRAN BAR	SUNCHIPS WGR	PEACH YOGURT	PRETZELS WGR
Component 2	CRACKERS	APPLESAUCE CUP	ORANGE SLICES	BANANA	APPLE JUICE 100%.
Extra				VANILLA WAFER	
<b>LUNCH</b>			PHILLY SLOPPY JOE	CHICKEN CORN CHOWDER	<b>STREET TACOS</b>
Meat/Meat Alternate	BAKED HAM STEAK	TURKEY GRAVY	GROUND BEEF/CHEESE	DICED CHICKEN,CHEESE	SHRED BEEF,MEXICAN CHEESE
Grain	WHEAT BREAD WGR	DINNER ROLLS WGR	HAMBURGER BUN WGR	CORNBREAD WGR	CORN TORTILLA WGR
Vegetable	SWEET POTATOES	MASH POTATOES	BROCCOLI SALAD	(CORN,POTATOES,CARROTS)	BEANS
Fruit or Vegetable	SL APPLE	PEACHES	PEARS	*MELON	GRAPES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra					SALSA
<b>PM SNACK</b>					<b>SANDWICH</b>
Component 1	TRAIL MIX WGR	CHEEZ-ITS WGR	BAKED TOSTITOS WGR	CLUB CRACKERS	TURKEY
Component 2	PINEAPPLE CUP	ORANGE JUICE 100%	MANGO SALSA	CHEESE SQUARES	WHEAT BREAD WGR
Extra					

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GRIC HEAD START/CHILD CARE

Name of Center: \_\_\_\_\_  
Menu for the Week of 4/6/25 to 4/10/25 Week 36

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 4/6	TUES 4/7	WED 4/8	THURS 4/9	FRI 4/10
<b>BREAKFAST</b>					
Grain or Meat/Meat Alternate	BREAKFAST BURRITO	OMELET	PUMPKIN BREAD WGR	BLUEBERRY CHEX MIX WGR	FRENCH TOAST STICKS WC
Fruit/Vegetable	*MELON	TATER TOTS	APRICOTS	APPLE	BANANA
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		ENGLISH MUFFIN WGR	STRAWBERRY YOGURT		CANADIAN BACON
<b>AM SNACK</b>		TOAST		ROLL	SANDWICH
Component 1	WHEAT THINS WGR	WHEAT BREAD WGR	CHEERIOS WGR	FLOUR TORTILLA WGR	WHEAT BREAD WGR
Component 2	BLUE BERRIES	SWISS CHEESE	MILK	TURKEY/CHEESE	JAM
Extra					ORANGE JUICE 100%
<b>LUNCH</b>	<b>CHEESEBURGER</b>	GREEN CHILI ENCHILADA CASS	HAWAIIAN PIZZA	CHILI BEANS	
Meat/Meat Alternate	BEEF PATTY/CHEESE	DICED CHICKEN/CHEESE	CHEESE PIZZA/HAM	GROUND BEEF	BEAN BURRITO HI
Grain	HAMBURGER BUN WGR	CORN TORTILLAS WGR	(PIZZA CRUST)WGR	CORNBREAD WGR	SOPA
Vegetable	OVEN FRIES/LET/PICKLES	GARDEN SALAD	CUCUMBERS, CELERY STICKS	PINTO BEANS	MEXICAN CORI
Fruit or Vegetable	APPLES	PINEAPPLE	GRAPES	PEACHES	ORANGE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra			RANCH		
<b>PM SNACK</b>		CUP			
Component 1	TORTILLA CHIPS	PRETZELS, TOM	CHEX MIX WGR	BAGEL	CHEEZ-ITS PK
Component 2	NACHO CUP	CHEESE CUBES, CRACKERS	APPLE JUICE 100%	CREAM CHEESE	FRESH PEARS SI
Extra				1/2 BANANA	

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